

# 'Life As We Know It' Starring Katherine Heigl & Josh Duhamel



For a story about romance cropping up in the most unexpected places (with often hilarious results), check out the new comedy *Life As We Know It*. In the film, two single adults are forced to raise a baby together after their mutual friends die in an accident and leave their daughter in their friends' care. The situation is complicated even more by the fact that Holly (Katherine Heigl) and Eric (Josh Duhamel) don't exactly get along. But for the sake of Sophie, their new baby girl, they must learn to live together. In the end, after going through all the challenges that new parents face together, their relationship goes from outright hostility to mutual

respect ... and eventually, maybe even love.

## **How can having a baby bring you together as a couple?**

### **Cupid's Advice:**

Raising a child is the hardest job in the world, and children often change relationships forever. Cupid has some insight on what to expect after bringing home a baby, and how to make sure the bond between you and your partner stays strong:

**1. Take a break:** The chaos that a new baby brings leaves little time to focus on your partner (or yourself, for that matter). Make sure to take a night off once in awhile to de-stress. It'll also help you realize that you couldn't do it without your mate.

**2. Learn new things:** Becoming a parent can bring out a whole new side of a person. You might learn that your partner is more caring and responsible than you'd ever imagined. Don't forget to tell him how much you appreciate his new soft side.

**3. Grow stronger:** Raising a child presents so many new challenges to a couple that it can't help but strengthen a relationship. Every time you feel so tired and stressed out that you want to give up, remember that you are in this together.

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