

# Shiri Appleby Welcomes a Baby Girl



By Meghan Fitzgerald

Shiri Appleby and fiancé, Jon Shook spoke to [UsMagazine.com](http://UsMagazine.com), confirming the [birth](#) of their little baby girl March 23rd in Los Angeles! Of her daughter, The *Girls* star stated, "She's heaven. I'm beyond thrilled." [Huffington Post](http://Huffington Post) reported that the [couple](#) decked their baby's room with a chandelier, rug, and are now looking for drapes. The couple refused to release the gender of their [baby](#) until now!

**How do you prepare to welcome a baby girl versus a boy?**

**Cupid's Advice:**

Preparing for a child is stressful. Not only is it stressful, but it obviously needs a lot of organizing and preparing. When preparing for a baby girl versus a baby boy, you may have to

prepare differently. Most importantly, you need to be ready for pink! Pink everything ladies and gentleman! Cupid has some more advice:

**1. Pink:** Parents-to-be, if you are welcoming a baby girl, be prepared for a mess full of pink. Even if you do not supply the pink, your baby shower sure will. Your baby girl will soon be decked out in all pink attire, so be prepared. Also, the color of the room will need to be gender-specific. When preparing for a baby girl, that color is hands down pink. [Parents](#), go buy some paint and start with those walls!

**2. Safety:** Preparing for a [child](#) is frightening, the amount of work you need to put into your house safety is substantial. It may seem obscure at first, however when your baby girl arrives, you will soon know why locks are necessary. Talk to other parents on how they safety proofed their house, or look in parenting magazines! Once your house is safe, your baby girl is prepared to come inside the home.

**3. Childbirth:** Childbirth is one of the main things to prepare for when welcoming a baby girl. Birthing classes are ideal for new [mothers](#)-to-be. It will teach you breathing methods, different ways to position yourself and control contractions. Learning how to undergo childbirth will prepare you to welcome a new baby girl.

**How did you prepare for a girl versus a boy? Explain your experience below!**