

Celebrity Baby Expected For Jenna Wolfe and Stephanie Gosk



By Jessica

Conigliaro

News anchors Jenna Wolfe and Stephanie Gosk are expecting their first child, a baby girl! "This is the most exciting thing that has ever happened to us," [People](#) reports. "In a way, we can't wait to start," says Wolfe. "Stephanie keeps saying, 'Hurry up! What's taking so long?' And I'm like, '[The baby's] cooking!'"

What are some ways to prepare for your first child?

Cupid's Advice:

You just found out you are having a baby for the first time and have no clue what you are doing. You always dreamed of

having a child and want to start off on the right foot now that it's actually happening. Cupid is here to help you ease your way into motherhood:

1. Share the news: You and your husband could not be happier after finding out you are expecting. Let your family and friends in on the good news as well. Their joy will make everything feel more real, putting you right into new-mother mode. Your loved ones will help you through the process and answer any questions you are sure to have. Take their advice, especially if they have kids themselves.

2. Shop: Your doctor just confirmed it: you're having a baby girl! Both you and your husband can't contain your excitement. Start decorating that baby room you have been leaving empty and unpainted. Now's the time to purchase the pink and yellow paint and go nuts! You and you partner will have a blast setting up the room, making you feel one step closer to becoming parents.

3. Start a blog: Pregnancy is a beautiful time for you and your baby to grow together. Document your experiences by starting a blog. Every month, have your partner take a picture of you and your growing belly. Alongside the photo, write about any food cravings you are having and when the baby starts kicking. Write down all major developments of your pregnancy or anything interesting that happened to you during that time. Once your baby is born, you will have a fun and organized way of remembering the time you shared with him/her before they were even born.

How did you prepare for your first child? Share in the comments below.