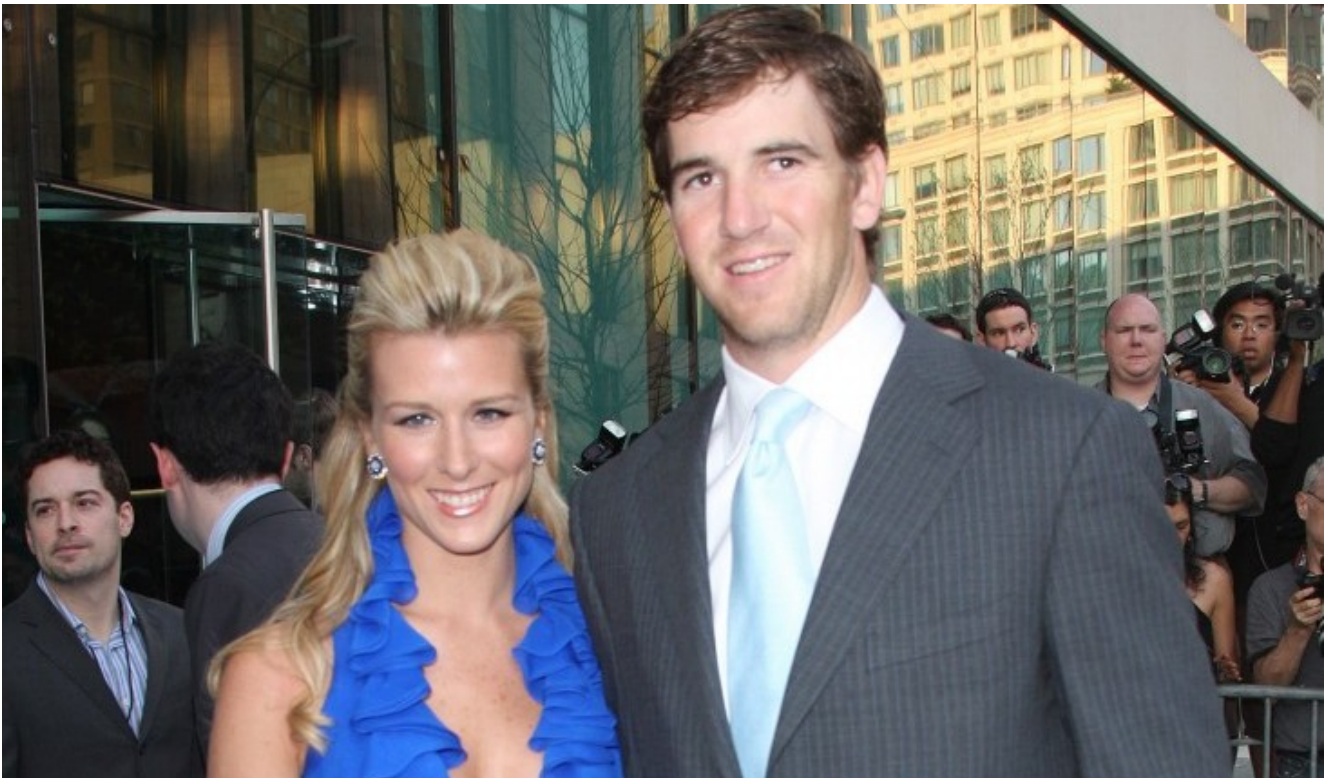


# Celebrity Baby: Eli Manning Prepares to Welcome a Second Child



By Meghan Fitzgerald

[People](#) confirms that the New York Giants quarter backer, Eli Manning, and wife Abby are expecting their second child in June! Their second child will be a sibling to their first child Ava Frances, 2. Manning told [UsWeekly](#) that him and wife of five years are so excited for the new addition to their family!

**How do you prepare for a second child versus the first one?**  
**Cupid's Advice:**

Having children in general will be one of the most stressful

time in your life. Yes, they're cute, you created them, you love them. However, at one point or another you will wonder why you thought it was a good idea to have kids. This is not in any sense a horrible thought, it is a process of parenthood. After you have the first child, you need to prepare differently if you plan on having another one. Cupid has some advice:

**1. Sleep schedule:** With having one child, you are completely aware that your sleep schedule is not the same as it used to be. However, it will change even more when you welcome a second child. You need to make a schedule of your work, your partner's work, events that the both of you have, and when you will be able to sleep in between all of it. Yes, you will not get as much sleep as before however if you map it out, it will be much better!

**2. Communication:** You need to communicate with your mate about your relationship, and your children. Mostly about your relationship. With two kids, you and your relationship will not be the spotlight of your lives. Your children are now your sole responsibility, and you and your mate's relationship may suffer. Your relationship will succeed if you both communicate with one another. Your feelings, emotions, opinions, anything you're thinking.

**3. Organization:** You will soon have two children and you need to organize your time. It is necessary to schedule your own time, and time with your partner. You need to make sure you and your mate have time together in your soon to be busy schedule. Organize when you have time to food shop, to pamper yourself, to take your kids to the doctors, and all other important events in your life.

**How did you prepare for your second child? Share your ideas below.**