

Celebrity News: Judd Apatow Feels Bad for Wife Because He's a 'Disgusting Man'



By Meghan Fitzgerald

Judd Apatow, 45, writer, co-producer, and director of *This is 40*, said he sees himself in his characters Paul Rudd, and Leslie Mann. Apatow and Leslie Mann, a real life married couple know the dilemmas of marriage. Apatow talks with [People](#), stating that he "Relate[s] to just being a disgusting man and feeling bad that my wife even has to be around." Even after problems after a 16-year relationship, the couple remains in love with each other, and loves working together more than anything.

What are some ways to bridge the gap between genders in your relationship?

Cupid's Advice:

From the beginning of time, men and women have been looked at as two different people, not equals. This is present in relationships, the strong gap between men and women. It is commonly said that men make more money than women, that men are more responsible, that they're the 'man of the house.' Problems and trouble loom from these accusations. Cupid has some advice on how to keep this out of a relationship:

1. Respect: With genders in a relationship, each person needs to respect the other. Even if the man makes more money than the women, he needs to respect that he does not have all the power. Money or power does not show that one is better than the other. Also, women need to respect that men try their best to balance work and their [family](#). Although this may not always be the case, women have to be aware that their partner still loves them.

2. Communication: Communication is necessary in every relationship. If a problem arises from a gender gap in your relationship, you need to be able to talk to your mate about it. If you both keep your feelings and opinions bottled up, it will not go well. If you feel a gap emerging in your relationship, talk about it! Talk through what your thinking and the relationship won't have any flaws.

3. Love: Love needs to be present if a gap has bridged in your relationship. It is easier to communicate and respect your partner of the opposite sex if love is present. Relationships are supposed to be full of laughter, lust, and love! This only happens if you and your beau both ignore genders in a relationship. So go out and love your mate, ignoring any difference of gender!

Have you ever bridged a gap between you and your partner because of gender? Explain below.