

Spencer Pratt Shaves His Beard for Heidi



The Hills

stars Spencer Pratt and Heidi Montag have had their share of ups and downs. After deciding to divorce, Pratt admitted to TMZ that he didn't take proper care of himself. [Digital Spy](#) now reports that he wants to clean up his image because the couple are "spending more time together." Shaving his beard seems pretty minor considering the changes his estranged wife went through for him. Multiple plastic surgeries later, Montag has bigger breasts, a thinner nose and fuller lips. But Pratt says he would [shave his beard](#) if it meant getting back together with Montag. "I'm really sorry to see it [his beard] go... For months it was my only friend, and a perfect place to save leftovers," he joked. Pratt and Montag fueled reconciliation rumors after the pair were spotted together in Los Angeles recently. **Should you change your image for love?**

Cupid's Advice:

1. Be yourself: If you find yourself changing your image just to please your partner, you're probably in an unhealthy relationship. You should look the way you want to look. If your beau doesn't like it, find someone who does.

2. Get some therapy: Sometimes people change their look after a breakup as a way to start fresh. Unless it's something drastic that you'll regret later, go ahead and get a new haircut or new wardrobe if it helps you get over him and move on.

3. Do it for you: It's fun to change up your style, but the bottom line is that you should do it for yourself. Your appearance is a big part of who you are, so do what makes you happy.