

# Celebrity Breakup: Josh Brolin Hits the Town with the Boys Post-Split With Diane Lane



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Actor Josh Brolin was seen enjoying a guys night out only a few weeks after announcing his split from his wife of eight years, Diane Lane. The group consisted of Brolin's buds Bradley Cooper, Benicio Del Toro and Michael Fassbender, who were all seen hanging out by Skybar at the Mondrian Los Angeles together. An onlooker told [People](#) that Fassbender ordered a round of drinks for the group. The source goes on to add that the guy's night out lasted well past closing time. "They were in good spirits having fun! It looked like a very

relaxed night out.” the source told *People*. Brodin and Lane’s split was said to be mutual by both parties.

## **What are some ways to help your friend move on after a breakup?**

### **Cupid’s Advice:**

Your friend just went through a painful breakup and it hurts you to see your buddy hurt. How do you help your friend great through this heart breaking time? Cupid is here with some advice for you:

**1. Listen:** Listen to your friend talk about their feelings. Let them tell you how hurt they are over the breakup. During this time the most important thing your friend needs is an ear to complain to and a shoulder to cry on. So be there for your friend and let them talk as much as they want to.

**2. Go out:** Going out does not necessarily mean going to the club or bar and hunting for a new relationship. Actually, do just the opposite. Take your friend out for the day and go for a walk, go out for lunch, go to the beach, or go to the gym. Your friend needs quality “friends only” time so go out, do some physical activity, and have fun!

**3. Do not preach or lecture:** This is a huge DONT when trying to help your friend get over a break up. Never say “I told you so”. Your friend already knows that the relationship was a flop and they do not need you to rub it in or pretend to be the all knowing relationship god. Just be there for your friend, don’t make them feel like they should have known better.

**How do you help your friends get over breakups? Comment below and let us know!**