

Celebrity Mom Holly Madison Defends Her Name Choice for Daughter



By Jessica

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Holly Madison, the former *Girls Next Door* star, recently named her daughter Rainbow Aurora. Madison chose to name her after a former schoolmate, [People](#) reports. “She was a perfectly normal, well-adjusted, sporty girl, by the way, so I’m not worried about my daughter being ‘traumatized’ by having an unusual name,” Madison, 33, writes on her website. The proud new mother honored the birth of her new daughter by painting her nails in rainbow colors.

What are some important factors to consider when you’re naming your child?

Cupid’s Advice:

Naming your child is a special occasion you get to share with your partner. You have been thinking of potential names for your future kids since you were eight years old, playing with your dolls. Now, you get to do it for real! Cupid's here to help make the process easier:

1. Name them after someone: You just found out you are having a baby boy—your husband's very first thought is to name him after himself. This is a great way to show your future son how important family is and will create a special bond between him and his father. You may also decide to name him after his grandfather that passed away, or a close friend. Either way, he will take comfort one day knowing he is named after someone important to the family.

2. What to avoid: Throughout our lives, we encounter difficult people. Your old boss, Joanne always gave you a hard time and made the workday terrible. Avoid naming your baby after anyone that you have negative feelings towards—even if you like the name. You will constantly be reminded of the bad memories with that person. Cross Joanne off the list of baby names!

3. Agree on a name: You and your partner are likely to disagree on baby names, which is a common dispute between expecting couples. Don't force your spouse to like a name he doesn't —the right name will be one you both love instantly. However, if you absolutely love a baby name and he isn't too sure about it, give your husband some time to think it over before dismissing it completely. At the end of the day, you both should love the name you chose.

What factors did you consider when naming your children? Share below.