

Celebrity Couple: Tori Spelling Slams Rumors That She Is Divorcing Dean McDermott



By Jessica Conigliaro

Tori Spelling reached her boiling point after *Star Magazine* claimed that she is divorcing her husband, Dean McDermott—a nasty rumor that upset her entire family. Her 5-year-old son Liam saw the headlines at the grocery store, prompting him to anxiously ask, “Why is someone getting us? Where are you and Dad going?” The *Beverly Hills, 90210* star wrote an open letter in response to the lies about her marriage, [Us Weekly](#) reports. “This time I had to comment because this time I’m answering

not as a celebrity but as a mom," Spelling, 39, wrote in frustration.

What are some ways to protect your relationship from hurtful rumors?

Cupid's Advice:

When you start dating someone new, all of your friends seem to have a strong opinion. You share some details about the new man in your life to one or two of your closest friends, and soon enough, they're playing the telephone game and twisting the truth into lies. Cupid's here to offer some tips on how to deal with these rumors.

1. Ignore the smaller rumors: You tell your best friend that your date cracked a harmless joke at your expense the other night. Next thing you know, everyone thinks your new man said something that made you cry at dinner. First, be sure to tell him about the rumor so he doesn't hear it from someone else. Then, let it pass. You both know the truth, and that's all that matters.

2. Address the bothersome ones: When a rumor is floating around about your relationship that you simply can't ignore, say something and stick up for your love. Find out who said what, and confront them right away. Your friends should come to you first before saying anything negative about your dating situation. When that doesn't happen, it's your job to protect your relationship.

3. Poke fun: Sometimes, rumors are so untrue that they're actually funny. If your friends overhear you talking about jewelry with your boyfriend and assume you're getting engaged, mess around with them a little; have your boyfriend fake propose in front of all of them and reveal the joke once they all get emotional. That will teach them not to eavesdrop anymore!

**How do you deal with negative rumors about your relationship?
Let us know in the comments below.**