

# Courtney Lopez: “Mario and I Are Over The Moon”



By Jenny

Schafer for Celebrity Baby Scoop

Already parents to 2-year-old daughter Gia, Mario Lopez and Courtney Lopez are expanding their family. The newlyweds announced on *Extra* Tuesday that their second child is on the way, while giving away beautiful bedding by Carousel Designs with Hollywood insider GG Benitez.

Courtney opens up to Celebrity Baby Scoop about feeling “wonderful” and “over the moon” about their baby on-the-way. She goes on to talk about her pregnancy cravings, planning on a surprise delivery, and her prenatal fitness program.

**CBS: Congratulations on your second pregnancy! How are you feeling? Any weird cravings?**

**CL:** “Thank you so much. Mario and I are over the moon! I feel

wonderful. I've been craving a lot of fruit and Captain Crunch cereal."

**CBS: Were you pregnant at your December wedding? If so, were you feeling OK on your big day?**

CL: "I was not pregnant at my wedding. Perhaps this is a honeymoon baby!"

**CBS: When are you due? Are you going to find out the gender?**

CL: "I'm due at the very end of summer. Hopefully the baby doesn't come on Gia's birthday (September 11). We are not finding out the gender of any of our babies – it's so much fun that way."

**CBS: Tell us about doing the giveaway with Carousel Designs on *Extra*.**

CL: "It was such an honor to have Carousel Designs do a giveaway at *Extra*. It was a perfect combination to announce our baby and give away a product I love."

**CBS: Are you working on a prenatal fitness program?**

CL: "I have a wonderful trainer, Angela Copland, who knows exactly what I need during this time. I work out with her 4 times a week and I try to take long walks on the other days."

**CBS: Are you concerned about losing the baby weight quickly once the baby arrives?**

CL: "I was pretty lucky losing the baby weight the first time. I lost everything and a little more only 3 months after Gia was born. I hope and pray I'm as lucky the second time around."

**CBS: With Earth Day coming up, what are some of the ways you teach Gia to be eco-friendly?**

CL: "We are teaching Gia how important it is to recycle. We

also just changed our whole house to LED lights.”