

Taylor Swift Sends a Message to Harry Styles During Opening Performance at the Grammys



By Andrea Surujnauth

Taylor Swift, 23, opened up the 2013 Grammy Awards with her hit song "We Are Never Ever Getting Back Together". According to UsMagazine.com, she took a painful jab at her 19 year-old ex-boyfriend, Harry Styles, from the group One Direction. During her performance she added a verse to her song "So he calls me up and he's like, 'I still love you,' and I'm like, 'I'm sorry, I'm busy opening up the Grammys.'" And we're never getting back together, like, ever." Not only did she add this stinging verse, but she used a British accent for part of it which was obviously directed toward Styles, who is British.

These two ex-lovebirds broke off their relationship at the beginning of the year. They were vacationing in the British Virgin Islands when the two apparently got into a fight. Sources told *UsMagazine.com* that Styles “said something he shouldn’t have ... This [breakup] is definitely going to be for good.”

How do you resist the urge to get back together with your ex?

Cupid’s Advice:

Although it may be tempting, getting back with your ex may not be a good idea. You know this deep down inside, but you can’t stop feeling the urge to go back. Cupid is here to tell you how to resist:

1. Cut contact: Do not continue to talk to your ex. Stop looking at their Facebook or Twitter, better yet, delete them all together. Stay away from them until you feel you are completely over them. Seeing them or talking to them constantly will increase the urge to rekindle the relationship.

2. Distract yourself: Get a hobby or go out with friends. Fill your schedule up so you won’t have time to think about your ex-beau. As the time flies by, so will your feelings for your ex.

3. Remember why you broke up: There was a reason why your relationship did not work out. Keep that reason in mind. During a break-up you are tempted to think about the good times in the relationship. Ignore all of that and focus on the reason that the two of you are not together. This will help you realize that it can not work between the two of you so you need to move on.

**How do you resist the urge of getting back with your ex?
Comment below and let us know.**