

Tiger Woods Helps Lindsey Vonn Home After Devastating Injury



By Jessica Conigliaro

Tiger Woods has been struggling to find someone to settle down with after his scandal of affairs back in 2009. Although their relationship is only rumored to be accurate, Woods is spending much of his time these days with his good friend Lindsey Vonn. [People](#) reports, "Tiger really does want a woman who he can have good conversations with," he says. "He wants shared interests and outlooks. He is finding that with [Lindsey]...he's been spending more and more time talking to her – and talking about her."

How do you leave skeletons from your past behind you?

Cupid's Advice:

We all have demons from our past we wish to disappear—and fast! In relationships, people make mistakes and end up hurting one another. Cheating is one of the worst ways you can injure someone's pride and destroy their trust in you. Cupid offers some ways to move on from mistakes we've made in the past:

1. Wait until you're ready: After a nasty breakup, you shouldn't jump into another one right away. If the breakup was mainly your fault, focus on why things got so bad. Figure out the reason why you hurt your partner; you might have destroyed the relationship in order to protect yourself from future pain. Learn why you put up these guards before getting involved with anyone new.

2. Acceptance: If you do something wrong, apologize and promise to never do it again—a valuable lesson we learned in kindergarten. Making mistakes in relationships can have serious effects. The only way to move on from your mistakes is by getting closure from the situation entirely; if you caused your partner emotional pain, let them know you are sorry and are completely at fault. Own up to your wrong doings as soon as possible.

3. Be Honest: Let your partner know about all the scandals from previous relationships; re-assure him that you have grown as a person since then. Your partner will respect you for being upfront about the mistakes you've made. This will create a bond of trust between the both of you—which will grow stronger over time.

How did you move on from your past mistakes? Share your thoughts below.