

# Selena Gomez is 'Having a Good Time' Post-Split with Justin Bieber



By Meghan

Fitzgerald

Unfortunately, Selena Gomez and Justin Bieber are still broken up. Even though the couple were loved by many, they are learning to deal in separate ways. Gomez has been completely content with their breakup. According to [EOnline.com](http://EOnline.com), she said, "I've been recording, having a lot of fun with my girlfriends, having a good time." Bieber on the other hand is not handling the breakup well, reports [People](http://People). Gomez is even using her breakup to separate herself from her Disney image.

**What are some ways to quickly get over a painful breakup?**

## **Cupid's Advice:**

Breakups suck. It's as simple as that. They are not easy and they are not something a person wishes for; however, they do happen and there are ways to cope with them. Every person reacts to breakups differently and there are certain ways to get over them. Cupid has some advice:

**1. Rebound:** Although this may not be the most mature decision, rebounds get your mind away from the situation that you're in. You can simply delve into another person to forget about the person who just broke your heart. This will still hurt and it may not be easy for you to be intimate with someone else however, you will have fun and stop thinking about your ex.

**2. Drink your pain away:** Similar to the first scenario, drinking excessively may not be the best situation for you. Depending on how you live your life, drinking may not help you cope. However, for most women, a bottle of wine in, you will not remember the guy who broke your heart. All you will love is the bottle of Cabernet on your counter.

**3. Talk to your parents:** Who better to help you with your relationship problems than your mother or father? The most wise people on the planet are simply a phone call away. Even if your parents are not always the person you want to talk to, they have so much wisdom to spread. Also, you can cry to your parents and they won't judge you.

**Have you got over a breakup quickly? Explain below!**