

Shakira Welcomes a Baby Boy



By [Nic Baird](#)

Shakira and Gerard Piqué announced the [birth of their son](#) Milan Piqué Mebarak, Jan. 22, on [Shakira's website](#), reports [People](#). The post explained the name Milan (pronounced MEE-lahn) means dear, loving, gracious, and eager. The [newborn](#) weighed 6 lbs., 6 oz, and the hospital reports both mother and child are in excellent health. "I'd like to ask you all to accompany me in your prayers on this very important day of my life," Shakira tweeted earlier in the day.

What are some ways to choose a meaningful baby name with your partner?

Cupid's Advice:

You don't need a line from Shakespeare to realize your child will be able to live with whatever name you throw their way. You and your [partner](#) should decide together on a name. The process of naming your baby is emotional, and deserves all the

significance you give it:

1. Name books: Even if just for inspiration, or to explore the different cultural options, name books can be a helpful way to get started. It's a helpful way to remind yourself of promising name choices that might have slipped your mind. Discuss the ones you like with your significant other.

2. Traditional choices: Consider naming your [child](#) after a member of your family. It can be a meaningful way to symbolize the unity and [love](#) you all share. It can also be traditional to give your baby a name with religious significance. Just make sure it speaks to you and your partner personally.

3. Mutual enthusiasm: While most every name has some significance, meaning, or at least a history, you and your partner should pick a name you both enjoy above all else. Give every suggestion some thought, but don't make any hasty suggestions. If you both find ones that feels right, then that's good enough.

What are some ways to choose a baby name? Share your comments below!