

# Jessica Alba: My Husband & I Are “Kindred Spirits”



By Jenny Schafer for

Celebrity Baby Scoop

Mom-of-two Jessica Alba, 31, covers the February issue of [InStyle](#) and opens up about life with husband **Cash Warren** and their two daughters **Honor**, 4½, and **Haven**, 16 months.

**On her connection with Cash:** “I just knew when I met him that I was going to know him forever. It was weird; he instantly felt like family. I’d never felt like that with anyone. We got each other. We’re kindred spirits. On a weekend Cash might say, ‘Go get your nails done with a girlfriend. Haven is down for a nap and Honor and I will play. I know you work hard. You deserve some time for yourself.’ That, to me, is romantic. He’s saying, ‘You matter,’ and that I’m more than just the mother of the kids or the wife who goes out to events with him.”

**On celebrating their ancestry:** “When Cash and I moved into our family house, we collected hundreds of pictures of our aunties, great aunties, moms and dads, grandmas and grandpas, and sisters and brothers. Then we mounted them in the foyer of our home, covering the wall from top to bottom. Our daughters are continually reminded of where they come from.”

**On multitasking:** “Sometimes I can take multitasking to a level of insanity. Then all of a sudden the bath is too high and I’ve forgotten to give my daughter the thing she needs for school.”

**On being a perfectionist:** “Before I had kids, I was very responsible and serious. I used to be all about controlling my environment; Everything had to be just so. Now my idea of perfection is different. You can label bins and have a place for stuff, but when the kids go into the playroom, you’re not going to say, ‘We can’t paint because how are we going to clean it up?’”