

# Prince William and Kate Middleton Attend Christmas Mass in England



By Jennifer Ross

This year, the royal family was out! On Dec. 25, Prince William and Kate Middleton attended Christmas mass service with the rest of the Middleton family at St. Mark's Church in Englefield, Berkshire, England. Both the Duke and Duchess of Cambridge dressed in festive red, with William, 30, wearing a red tie and Middleton, 30, wearing a red coat and scarf, which also covered her pregnancy. Younger brother Prince Harry was said to celebrate this Christmas with British troops at Camp Bastion in Helmond in Afghanistan. Also not celebrating with the Duke and Duchess, Queen Elizabeth II gave her annual speech in 3D. "For many, Christmas is also a time for coming together. But for others, service will come first... And those who have lost loved ones may find this day especially full of memories. That's why it's important at this time of year to

reach out beyond our familiar relationships to think of those who are on their own.”

**What are some holiday traditions you can create with your partner?**

### **Cupid’s Advice:**

Whether this is your first Christmas together as a couple or your 50<sup>th</sup> one, making the holiday special by creating traditions together will always strengthen your relationship. So get together and start planning for lots of holiday fun. Here are a few ideas on enjoying Christmas as a couple:

**1. Hybrid tradition:** Chances are you and your partner will already bring to the relationship your own holiday traditions. This is the perfect time to combine the most important ones together and create a hybrid tradition for moving forward as a couple. Have fun and be creative.

**2. Holiday greeting card:** A great tradition for a couple to have is to take an annual Christmas portrait of you two and send to family members as a holiday card. To get even more creative, you can even create a new dress-code theme every year.

**3. Be a kid again:** With so many adult stresses in general, why not spend your holiday season being a kid again. Whether it is spinning the dreidel, taking a photo with Santa or making snow angels together, take the time to remember your best childhood Christmas fun and enjoy them as a couple each holiday season.

**What holiday traditions did you create with your partner? Tell us below.**