

# Lauren Graham and Peter Krause: Friends First



Former *Gilmore Girl*,

Lauren Graham, recently revealed that her low-profile relationship with *Parenthood* co-star Peter Krause started as a friendship. The two met 15 years ago when the actress first moved to Los Angeles. Instead of playing the “dating game” like most couples do when they’re first attracted to each other, Graham and Krause got acquainted over board games. As the actress told [People](#), “I think we liked each other [but] he asked me over to his house to play a board game – and that’s exactly what we ended up doing. So I was like, ‘This guy doesn’t like me. Who actually *plays* a board game?’ ... The timing wasn’t right. I don’t think either of us was ready.”

**Does starting out as friends make you a better couple?**

**Cupid’s Advice:**

Your significant other is usually also your best friend. It's very important for couples to not only to share a physical relationship, but also to be able to relate to one another on an intellectual level. The best relationships tend to have a healthy balance between both physical and emotional attraction.

**1. The friend zone:** Anyone who has seen the film *Just Friends* starring Ryan Reynolds knows just how frustrating it is when one party is interested in pursuing a relationship, while the other is content with the "status quo." This proves that being good friends doesn't necessarily mean that more than that is possible.

**2. Getting to know each other:** To have a serious relationship, you really have to get to know your partner. Hanging out as friends at first is a lot less pressure than going out on a date. People tend to open up more in a relaxed environment.

**3. Staying friends after a breakup:** Many find it hard to stay friends with their exes. However, if you were friends with them before a relationship bloomed, it could be easier to stay on good terms after a breakup.