

How Queen Elizabeth Found Out About Kate Middleton's Pregnancy



By Jennifer Ross

Now that the word is out that the Duke and Duchess of Cambridge is expecting their first child, family and friends are excited and concerned. A royal source tells [People](#), "There is a real excitement but obviously people are anxious about the Duchess." On Dec. 6, the Duchess, 30, was released from the hospital, after being treated for a severe form of nausea, known as hyperemesis gravidarum. Prince William, 30, and the Duchess were hoping to keep the pregnancy a secret until Christmas, had she not become ill. But how were the royal family, including Queen Elizabeth, notified about the pregnancy? A source reports that Prince William informed the Queen, Prince Charles and Prince Harry about the great news just before his wife was hospitalized. Friends were informed

by the public announcement. Incredibly, the pregnancy was planned for new baby to come into the world without stealing the spotlight from the Queen's Diamond Jubilee or any foreign tours. Majesty editor Ingrid Seward says, "Kate is probably one of the most organized [royal] women we've ever known."

What are some ways to announce your pregnancy as a couple?

Cupid's Advice:

"We're pregnant!" is probably the phrase you hear repeating in your head since the positive results were in. And while you and your partner may want to shout it on every street corner, it is best to let your friends and family in on the news first. To help you two, here are a few creative ways to announce your pregnancy:

1. Capture the surprise: A great way for you and your mate to tell your family and capture their surprise is to get it on film. Have a family gathering; rather than just announcing it, gather the family together with mommy-to-be in the center and daddy-to-be taking the photo of everyone. Before everyone yells "cheese," you two can yell out, "We're pregnant!"

2. Dinner party: When hosting a dinner party for your friends and family to announce your news, there are a couple ways to include the baby. One thing is to have a baby theme with the food, baby-back ribs, baby spinach, baby carrots and baby corn. Also, the dad-to-be can make a toast, saying what he is thankful for and ending with the addition to the family.

3. Modern technology: If you are able to plan ahead, it is possible to announce the news to all family and friends at the same time without gathering them together. First, secretly video tape announcing the pregnancy to the father and capture his wonderful surprise. Then, simply upload the video to both of your Facebook accounts and wait for their replies.

How did you announce your pregnancy as a couple? Share your story below.