

# Get Back In the Dating Game This New Year



By Shelly Blagg

Now that it's almost a New Year, it's time for the new you to jump back into the dating pool! We all know dating can be exciting and nerve racking at the same time, made much worse by over thinking things. However, if you know you're ready to date, the best advice I can give is, JUMP IN! To ease into dating, go out with a group of people or another couple until you find your "dating feet". This can help with the pressure of those first date jitters. I can say I've gone out on many dates with best friends as the "buffer" and all proved to be successful. If you're with your best friends, you'll always have a great time, whether or not you find yourself being attracted to your date.

Most people getting back into the dating pool also have the problem of over sharing, which tends to do more harm than good. Here are some quick tips:

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### **Keep the conversation light.**

You're not making a lifelong commitment. Leaving things to the imagination is healthy, can be exciting, and keeps the other person interested to learn more about you.

### **Be yourself.**

Make sure to be yourself because chances are, if they don't like you now, they're a waste of your time. Figure out what you want because if you sacrifice who are you right away, you're only cheating yourself.

**Related Link:** [Dating After Divorce: How Soon Is Too Soon?](#)

### **Make the best of it.**

Lastly, remember, this is your time and it's up to you to make the best of it. There are going to be bad dates, but you will have some amazing ones as well. Each one is a new experience, that at some point, will catapult you into a lifelong relationship, or a shipwreck story to tell your friends. Either way, it's your ride so take it and go off into the dating world when you're ready.

*Divorce2Dating is a networking tool to assist recently separated or divorced individuals find new relationships. Sheila Blagg and her team at Divorce2Dating.com are committed to providing support for those in interested in counseling, legal services, and guidance for rebuilding their future. The goal at Divorce2Dating.com is to offer assistance, whether needed for saving a marriage or supporting an individual through their divorce, bringing to light the*

*emotions involved in every aspect of divorce.*