

Jessica Simpson Is Pregnant Again!



By Jennifer Ross

At barely seven months old, baby Maxwell Drew Johnson is going to be a big sister soon. In what is surprising news to everyone, even those involved, UsMagazine.com confirms that Jessica Simpson is pregnant again. A source states, "It definitely wasn't planned. But yes, Jessica is pregnant again. She really is overjoyed!" This will be the second child for both Simpson, 32, and fiancé Eric Johnson. It wasn't long ago when Simpson went on episode one of *Katie*, Katie Couric's show and said, "Motherhood is a dream. It really is absolutely amazing." It looks like Simpson will now have two reasons to be amazed.

What are some ways to support your partner during a surprise pregnancy?

Cupid's Advice:

Having a baby is a shocking and exciting time for anyone regardless if the pregnancy was planned or not. That being said, you and your partner may be more anxious ridden if the pregnancy was a surprise. To ensure that both baby and parents are healthy come delivery time, here are a few ways to support your partner during the next nine months:

1. Do not judge: Because neither you nor your mate was "expecting" to be expecting, be sure never to judge him/her should self-insecurities arise. It is only normal to question everything about becoming a parent beforehand. Keeping yourself open and supportive to your mate will help to alleviate those doubts.

2. Stay positive: As with having doubts and worries, your partner may occasionally have negative emotions surrounding the pregnancy. Remember, those emotions are just fear being expressed. No matter what, stay positive to combat the negativity and help your partner look forward to a happier future.

3. Protect: If you think you and your partner will be the only ones with questions, you are sadly mistaken. Therefore, should family and/or friends come around expressing doubts about your surprise, remember to protect the hearts of your partner and unborn baby. Regardless of your internal worries, your baby is coming and you and your mate will need to stand strong together.

How did you support your partner during a surprise pregnancy? Share with us below.