

Find Out How Blake Shelton and Miranda Lambert Make Their Marriage Work



By Jennifer Ross

Halfway towards their second-year anniversary, Blake Shelton and Miranda Lambert continue to act as if they are on their honeymoon. With their stressful music careers that keep them apart as much time as they are together, Lambert, 28, told [People](#), "We won't go more than two weeks without seeing each other." Staying apart can be a good thing too, since Shelton, 36, warns that too much togetherness could have them killing each other. The country music couple, which exchanged vows in Texas under an arch of antlers, has recently been able to spend time together in their Hollywood rental. In store for

Lambert and Shelton, both were up with four nominations each at the 46th Annual CMA Awards, which aired on Nov. 1. Best of luck to them both, professionally and personally.

What are some ways to keep your married life grounded?

Cupid's Advice:

Finding a "soul mate" is a wonderful thing and what most people strive for in life. Yet, it's the years after that can stress you to the point of throwing in the towel. So what's a person to do when marriage has begun to show its downward times? The answer might be easier than you think. Here are a few ideas on keeping your marriage and sanity together:

1. Define "yours," "mine," "ours": Have the upfront conversation of what belongs to whom? This is not just about the financial accounts. Include time that will be shared together and separate, such as holiday vacations, his Thursday night basketball games or your Saturday afternoon book club meetings. Defining and respecting each other's time and money will work on strengthening your bond.

2. Continue courting: Often, the little things like an "I love you" post-it note left in his car or flowers "just because" can really go a long way to keeping the romance alive. The key is to be genuine and spontaneous, treating each other similarly to the exciting "newness" of your first beginning dates.

3. Renegotiate your contract: As with many contracts in life, your marriage terms and conditions need to be re-evaluated and renegotiated to fit you two currently, every so many years. As time passes by, and people inevitably change, so should your marriage evolve. Be sensitive to what each other requests or no longer needs; focus on continuing the happiness you both give each other.

How do you keep your married life grounded? Comment below.