Former '90210' Star Ian Ziering Prepares to Welcome Baby #2

By Nic Baird

Beverly Hills, 90210 alum Ian Ziering is expecting his second child with wife Erin, according to [*People*](). The actor called this new addition to the family a "dream come true." They've taught their 18 month old daughter, Mia Loren, to point to Erin's belly and say 'baby,' Ziering said. The couple married in May 2010, and though their family is growing, Ziering continues to act, direct, produce and pitch TV shows. "I have a lot of irons in the fire," Ziering said. Erin is in her second trimester, the baby is due in May, and its sex is unknown.

How does the dynamic change when you add a second child to your family?

Cupid's Advice:

Nuclear families have two children, because the consequences can be explosive! One child is hard enough, but two? Before you start doubting your sanity, remember how rewarding it is to have your first child. You've pretty much got this parenting thing down anyway, but in case you had any doubts, here's some little ways the family dynamic can change.

1. Less time, more parenting: A second child means twice as much attention. Make sure you and your significant other have talked about ways to divide tasks and manage your time. If your career was challenged when raising the first child, expect more challenges in tending to your young family's needs now.

2. Buying in bulk: Two children means you have to consider feeding a whole family. Meal time will be more regulated. Your brood's collective socks and toothbrushes will be identical. Having enough for everyone will be hard to manage, and noticing if one family member's needs are different will be even harder.

3. Playmates: Your first child is now blessed with a friend and playmate. Your children can play together now, and entertain each other. Find activities that involve multiple family members. Sadly, this usually means more supervision, not less.

What changes to your family have you noticed with a second child? Share your experiences below!