Adele Welcomes a Baby Boy

By Nic Baird

British singer-songwriter Adele Adkins had a baby boy on Friday, according to *People*. Right now she's avoiding the spotlight to spend time with her newborn and the child's father, boyfriend Simon Konecki. "Obviously we're over the moon and very excited but please respect our privacy at this precious time," the Grammy winner wrote on her website when she announced the pregnancy in June. The new mother disappears as fans are treated to her theme for the upcoming James Bond film, *Skyfall*.

How does having a child affect your relationship?

Cupid's Advice:

Whether you and your partner have been working towards a child or you get suddenly surprised, having a baby opens up new challenges and joys. Expect change, but comfort yourself with the love and support you share with your partner on this new adventure:

1. Meaning: Your relationship is now physically represented by your offspring. Procreating and raising a child is the most tangible purpose human beings can find. Together you will be rewarded by deep unconditional love. Make sure to spread the it among all three of you. Instead of revelling in the potential of your love, you can celebrate the product.

2. Identity: No matter how you feel about it, you're no longer simply a couple, but a family. This will influence your career, friendships, and any future relationships. Your partner is now cemented with a fixed level of importance as the co-parent of your child. This shift is a major escalation of your relationship. Realize this new dynamic must change your relationship, but find stability in the aspects that stay the same.

3. Sacrifice: As a couple you've hopefully gotten used to compromise and martyrdom. Having a child will really test how you've developed these areas. Keep in mind that you and your partner are caring for this child as a team. You're giving up independence. No matter the future of your relationship, you have a duty your child.

What are some other ways that having a child can affect your relationship? Share your ideas below.