

Kristen Bell Gets Advice From Betty White



✘ Kristen Bell recently got some age-old relationship advice from fellow actress Betty White, according to [RadarOnline](#). Bell, whose new movie *You Again* hits theaters September 24, said that although White is “not super maternal,” she heard the *Golden Girls* actress offer an important tip. “I did hear her say [something] at one point about keeping a relationship fresh: when she would hear her husband coming home she would go put on a clean blouse or a dab of perfume. I thought that was really sweet and a wonderful way to impress your husband.” **How can you keep your relationship fresh?**

Cupid’s Advice:

1. Be spontaneous: Surprise your partner with tickets to see his favorite band, or spend a day at the beach building sand castles instead of lying under beach umbrellas. Don’t be too predictable.

2. Put in the effort: When you’ve been with your guy for a long time, you feel comfortable around him. While your partner may think you’re beautiful in sweats and a t-shirt, that shouldn’t stop you from dressing up every now and then. Put some effort into your look. Wear a skirt and heels one night for a change.

3. Get some laughs: The best way to stop boredom in its tracks is with laughter. Crack a joke, or watch a funny movie. Laughing is scientifically proven to be healthy for the body, but it is also healthy for relationships. Keep some conversations light and playful. Laughter will follow.