

Former 'Bachelor' Star Ali Fedotowsky and Vienna Girardi Meet Again



Bachelorette Ali

Fedotowsky recently ran into an unexpected woman from her past: Vienna Girardi, former fellow contestant and fiancée of Jake Pavelka. On season six of *The Bachelor*, Ali and Vienna went head-to-head in a competition for Jake's heart. In the end, Vienna snagged Jake, only to have their very public breakup displayed on Ali's season of *The Bachelorette* a few months later. The reality stars came face-to-face again at the Kari Feinstein Style Lounge at Montage Beverly Hills, where they kept the conversation short. An onlooker told [US Weekly](#), "Ali made sure to keep her distance while hanging with girlfriends," but both said 'hi' briefly.

Should you be friends with your ex's ex?

Cupid's Advice:

For many, running into an ex's ex can resurrect old feelings of the past. If you chose to befriend this person, you may want to consider these simple points of advice first:

1. Be cautious: It's important to keep personal information to yourself until you get to know this person better. Trust is critical and you don't know if she's the type who will talk about you behind your back.

2. Learn more: If you've decided that she's trustworthy, you can use your new friendship as a way to better understand your own relationship with your ex. Learning about her relationship with him helps put your own in perspective.

3. Feelings for the ex: It's great to be friends with someone who can empathize with you, but if you still have feelings for him, it's important to be honest. You don't want to be surprised when you see the girl you thought was your friend back with the man you both agreed to leave behind forever.