

Mariah Carey and Nick Cannon Spend a Family Day with Their Twins



By Nicole Weintraub

Mariah Carey and husband Nick Cannon enjoyed a bonding family day at the Santa Monica Pier in Los Angeles, according to [People](#). The couple posted for photos along with their eighteen-month twins – Moroccan and Monroe. Recently, Carey has been in the news regarding her feud with Nicki Minaj as the two are fellow judges on *American Idol*. Despite recent rumors regarding the fighting between the two, *Idol*'s producers commented that the two are, "one of the best, most passionate, dynamic and invested judging panels". Regardless of whether or not the feud is all it is hyped up to be in the tabloids, the family seemed at ease as they enjoyed cotton candy, roller coasters and balloons.

What are some ways to keep the spark alive in your

relationship when you have kids?

Cupid's Advice:

Kids are a precious addition to the family, but sometimes the romance in your relationship can be negatively impacted by the latest additions. Here are some ways to keep that spark alive even with kids:

1. Date night: Just because the two of you are parents now does not mean that date night needs to end! Invest in a babysitter that you trust and go out for a night on the town once every few weeks. That way, your relationship with your partner is not neglected.

2. Family outings: Going out as a family can also be a bonding experience for you and your beau. The two of you can bond while your kids get their faces painted, stuff their faces with cotton candy or run around at the park. The more time you spend together, the more memories you will create together.

3. Love letters: If the two of you are busy at work and come home late at night, too exhausted for romance, try little notes. Whether it be through text messages, e-mails or old-fashioned handwritten love letters. Just let your partner know that you are thinking of them.

How have you kept your relationship alive with kids? Share your stories with us!