

Patti Stanger Explains How to Reconnect Like Ashton Kutcher and Mila Kunis



By [Jessica DeRubbo](#)

Love and relationship expert Patti Stanger is doling out some love advice yet again, this time related to new couple Ashton Kutcher and Mila Kunis. Only romantically linked since April, the celebrity duo met on the set of *That 70's Show* more than 14 years ago, according to [People](#). Although Stanger is not picking Kunis over Kutcher's ex, Demi Moore, she loves this new relationship development because it gives her a chance to discuss how to spark a new love after touching base with someone from your past. One piece of advice she gives it to set yourself up now for a romance in the future. She advises

not to dwell on relationships that aren't ready to happen as of yet and to continue meeting new people and trying new things. According to Stanger, space and experience are key.

What are some ways to reconnect with an ex or crush after much time has passed?

Cupid's Advice:

Sometimes reconnecting with someone you used to have a connection with in the past can spark a new love. Here are some ways to approach it:

1. Social media: In this day of technology, social media may be the best way to go about reconnecting with a past crush. Log on to Facebook or Twitter and compose a quick flirtatious message meant to spark new conversation.

2. Mutual friends: Chances are that you may have mutual friends to lean on. If you want to reconnect with someone, ask your mutual friend to plan a group activity. This will give you a no-pressure way to see each other again.

3. Text: If you still have your ex or past crush's number, texting may be the way to go. It's not quite as in-your-face as a phone call, and you can easily keep things simple. A quick, "How's it going?" may be just what you need.

What are some other ways to reconnect with a past crush? Share your ideas below.