

# Q&A: How Can Social Media Help My Long-Distance Relationship?



**Question from Tara M.:** *I just moved a couple states away from my boyfriend for a new job. We're having trouble adjusting to the distance and need some new ways to keep in touch and keep our relationship strong. How can social media help my long-distance relationship?*

**Answers from Our Love Experts:**

**Tristan Coopersmith, Love Stylist:** Ok, so maybe there's no app (yet) to teleport couples to each other in a time of need or desire, but these days, technology truly is a long-distance relationship (LDR) couple's best friend! Since you have

probably already exhausted phone, texts and Gchat, here are a few more inventive ideas to try.

1. Send your honey an evite for a TV night. You can watch a show together via Skype, while munching on your favorite treats. During commercials, catch up on your day.
2. Use Google Hangout to arrange for double dates with other LDR couple friends.
3. Play a game together like Words with Friends, Scramble or Gems with Friends. You can even create a weekly game night and play all night together. Don't forget to send cute chat messages in between plays!
4. Create a photo calendar where each day has a theme, such as silly picture day or naughty picture day.

Don't forget though, too much technology can get burdensome and boring, so be sure to take a tech break once in a while. Instead, send an old fashioned letter or care package.

**Suzanne Oshima, Matchmaker:** A long-distance relationship can be tough on both people, but with technology and social media today, there are so many creative options to help you keep the relationship alive and going strong.

Let's start with texting. A simple "good morning" text is the best way to start the day, and a sexy, steamy "good night" text is a great way to end it.

When you can't see him in person, there's nothing better than Skype. Be creative and plan a dinner date night over Skype. You can make dinner together, catch up on each other's day and then sit down to a candle-lit meal. It's one of the best ways to remain a part of each other's daily lives.

During the day, when you don't have time to talk to each other, just send him a sexy voice note or quick video to let him know your thinking of him. Trust me, it will make his day!

And lastly, when it comes to Facebook and Twitter, posting a “thinking of you” status update or photo can light up his day...but one word of caution: don’t go too overboard, or you will become that annoying couple to all your friends.

Just remember, if you’re creative at utilizing social media and technology, it can actually bring you closer together as a couple, making you feel like less far apart physically.

**Paige Wyatt, Reality Star:** The first thing that comes to mind is video chat! Video-chatting with your boyfriend gives you two a whole new means of communication. It allows you to actually see each other, which is sometimes exactly what you need. It’s much more personal than just talking on the phone and definitely more personal than talking through text. When you video chat with your boyfriend, make sure you have enough time to devote to him and your conversation. Get rid of any potential distractions, and you should be golden!

For more information on our three relationship gurus, click [here](#).

If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).

**Are you in a long-distance relationship? How does social media help you? Share your story below.**