


How to Get Ready for a Big Date



 By Isabella Franklin

Got a hot date coming up? Then it's time to pamper and preen before the big day. Spend time on your appearance and impress your new flame with your ravishing looks (and wonderful personality, of course).

Here's how to prepare in five simple steps:

Related Link: [Five Conversations to Avoid on the First Date](#)

Take care of your skin.

Pimples usually appear at the most inconvenient times, but it's important to look after your skin nonetheless. Exfoliate in the shower to remove dead skin cells and moisturize on a daily basis – paying particular attention to dry or rough patches. Learn how to make one of these face masks recommended by experts and try to relax, as this should prevent a spot outbreak.

Get rid of unwanted hair.

Want to impress Mr. Right? Then make friends with your razor and get rid of stubborn stubble. Bristly legs and bushy armpits are not attractive, so make an effort to de-fuzz. If you're fed up of shaving all the time, waxing removes hairs at the roots and can last for up to six weeks. Laser hair removal is also available at many clinics and can leave your skin soft and smooth permanently. A number of sessions are needed to remove all follicles, but you can have it in between dates – perfect.

Related Link: [Fishing for Mr. Right – Types of Guys to Throw Back](#)

Shape your eyebrows.

While we're on the subject of hair, don't forget to pluck your eyebrows. Shape your brows nicely and avoid over plucking as this does not look good – here are a few basic rules. The inner edge of the brow should line up with the outside of the corresponding nostril and the highest point of the arch should be just at the outer edge of the eyeball. Not a fan of plucking? Then get your eyebrows threaded by a professional. This ancient beauty technique is very precise and is relatively pain free.

Book a haircut.

A new hairstyle can give you a confidence boost, so check into your favorite salon for a cut. Banish split ends with a trim or opt for something a little more drastic. Have a fringe cut in, experiment with curls or add a few sassy highlight. If you've already been for a cut recently, why not book a blow dry? Feel like a new woman and head out and about in style.

Dress to impress.

The right attire can do wonders for your figure, so dress to impress and look fabulous for date night. If you have an hourglass shape, show off your curves in a wraparound dress and if you're a pear, flaunt your slender upper half in a beautiful sleeveless top. Are you skinny or athletic? If so, choose clothes with frills and pleats as these will feminize your figure. Carrying a few extra pounds? Then wear a patterned top with a tailored jacket to trick the eye. Many surgeries offer liposuction surgery, but the right attire can slim you down.

Isabella has been a cosmetic surgery blogger since her days at university, she writes about various surgical procedures and

non-surgical treatments. As well as blogging she enjoys spa days and exploring new beauty products, her latest new obsession is nail art.