

# Christina Applegate Opens Up About Motherhood



By Carolyn Robertson for Celebrity Baby Scoop

A mom on the small screen and in real life as well, Christina Applegate knows well the joys and challenges of parenting. The *Up All Night* star, who has 1-year-old daughter Sadie Grace with her fiancé Martyn LeNoble, chatted about motherhood in a recent interview with the Television Critics Association.

**On surviving sleep-deprivation:** “Oh, when I’m in my tired phase? In the morning when I’m holding her and we’re reading. She snuggles up really nicely in the morning. She doesn’t snuggle the rest of the day but in the morning she gets really snuggly. Those are those moments, or when she just out of

nowhere leans over and kisses you. It's heartbreaking."

**On tell-tale mommy moments:** "When there's breast milk on the floor? I don't know, I'm not really sure."

**Related Link:** [Christina Applegate Says It's Been Rough to Work Post-Baby](#)

**On saying goodbye to baby gear:** "We don't use any gear anymore. She's a toddler. You know what was great for a while was those saucers for her to jump around. She really liked those when she was younger. Now she's too old for that but that was a great thing for her. You could go do something for a minute, you could cook some food."