

# Heidi Klum Says She and Seal Aren't 'the Greatest Friends' Right Now



By Erin Minty

The relationship between now separated Heidi Klum and Seal is complicated at best, after things got heated last week. After some rude comments Seal made about Heidi, including that she should “at least wait until we separated first before deciding to fornicate with the help,” the supermodel is speaking out about where things stand between the former couple. According to [UsMagazine.com](http://UsMagazine.com), Klum told Katie Couric, “I don’t know if we’re the greatest friends right now, especially because of the things that he said.” She went on to say that they were in an “okay” place. After 7 years of marriage, hopefully the two will be able to work things out, especially for the sake of their 4 children, Leni, Henry, Johan and Lou.

**How do you keep a messy breakup from affecting your children?**

## **Cupid's Advice:**

Breakups can be hard, especially when you and your ex had children together. Cupid has some advice on keeping a messy breakup from affecting your kids:

**1. Don't talk about it in front of them:** One of the most important things is to try to keep your kids out of it. You should never be badmouthing your partner in front of your kids; it will make things uncomfortable and awkward.

**2. Don't ignore their questions:** On the other side of the spectrum, you don't want to ignore your kids' questions about your breakup. If they ask you what is going on, try to explain it to them without giving too many details about the situation.

**3. Act normally around them:** As much as it may hurt, it is important to try to act as if nothing is wrong when you are spending time with your kids. Take them to school, make their meals and talk to them about their day just as you would have before the breakup. You need to make them comfortable even when you aren't.

**How did you keep a breakup from affecting your kids? Share your insight below!**