

# Kristen Stewart Says She and Rob Pattinson Are 'Totally Fine'



By Nicole Weintraub

With the final installment of the *Twilight* series coming out, fans are wondering how estranged lovers Kristen Stewart and Robert Pattinson will act on the red carpet. Stewart informed [UsMagazine.com](http://UsMagazine.com) that the two are "totally fine". The couple dated for three years throughout the famous vampire series. The star made her first public appearance for her new film *On the Road* in Toronto. She assured the public that she would not miss it, for in her words, "I belonged there." It seems that the two are prepared to remain professional, as they will soon begin to promote the release of the final *Twilight* movie.

**How do you remain civil with someone who has broken your heart?**

**Cupid's Advice:**

We have all been there – having to face the one person who tore out our heart. Here are some ways on how to remain civil with your past partners:

**1. Keep your head high:** No matter what, keep your shoulders back and your head held high. Do not let the person who broke your heart know how much they hurt you. This will show them that you have moved on from them.

**2. Smile and nod:** Do not be bitter or angry towards them because that will show them that they have hurt you. Wish them well and mingle elsewhere, you do not need to have an entire conversation with them.

**3. Don't react impulsively:** Try to keep your cool and remember that you are better off without them. By remaining calm and collected, you are showing them that you are ready to move on.

**How do you handle being around someone who broke your heart? Share your thoughts below.**