

# Ryan Lochte Confesses to a Crush on Blake Lively



By Nicole Weintraub

While Blake Lively may be newlyweds with Ryan Reynolds, there's another Ryan who has an eye out for her. Olympic gold medalist Ryan Lochte admitted to [People](#) that the *Gossip Girl* star "makes my toes curl". Though the two have not officially met yet, Lochte admits that he would break his diet just for her since Lively has a weakness for homemade goods. Lochte is attracted to women who have a similar style as Lively in the sense that they have a versatile fashion. Ladies that can go from wearing a dress out on the town one night and then wear laidback jerseys make his heart skip a beat.

**How do you make first moves on a crush?**

**Cupid's Advice:**

Here are some tips on how to make the first move on your new

crush:

**1. Flirt it up:** Send those sly messages, especially if you want the other person to know how you feel. Be sure to pay attention to what your crush is talking about so they know you are listening.

**2. Go out as a group:** The best way to get to know someone better is by spending time with them in a group setting. Socialize with everyone but be sure to spend some alone time with your crush to have some one on one bonding time.

**3. Spend time as friends:** The more time you spend together, the more you will be able to get to know one another. Go out for coffee or visit a local museum. The more you two talk, the higher the chances of something happening.

**Have you ever made the first move? Share your experiences below.**