

# Was LeAnn Rimes' Breakdown Fueled By Fears of Eddie Cibrian Cheating?



By Nicole Weintraub

LeAnn Rimes reportedly checked herself into a 30-day rehabilitation facility due to her anxiety, according to [UsMagazine.com](http://UsMagazine.com). The star has been dealing with circulating rumors regarding her romance with Eddie Cibrian. The pair met back in 2009 when they were each respectively married to their former partners. Rimes has been called a home wrecker and has been fearful of Cibrian's wandering eye. In response to checking herself into rehab, Cibrian has showed support for her decision, declaring, "I hope she will find what she is looking for while in rehab."

**What do you do if you suspect your partner is cheating?**

## **Cupid's Advice:**

Cheating is a serious accusation, so here are some steps on what to do if you think your partner is being unfaithful:

**1. Don't jump to conclusions:** It is easy to suspect the worst and to emotionally prepare ourselves for what we dread. However, if your partner does not respond your calls or texts immediately give them the benefit of the doubt. Rushing to conclusions is only going to get you into trouble.

**2. Look at your evidence:** If a person has cheated before, it is true that they are more than likely to do it again. Multiple suspicious behaviors are ground for suspecting that your partner has a wandering eye. If the excuses and the evidence keeps adding up, do not ignore it.

**3. Confrontation:** Be upfront with your partner and tell them that you know something is going on. If you have valuable proof, present it to them. Further discuss what the next option is for the two of you whether it be working through it or going separate ways.

**What were some red flags that you saw when you were being cheated on? Share your experiences below.**