

Heidi Klum Says She's Moved on from Seal



By Erin Minty

Supermodel Heidi Klum says she's moved on since her divorce from husband Seal, according to [People](#). The two split last January after being married since May of 2005. The exes have both been speaking to the public about their relationship and moving on in their separate personal lives. Klum was seen cozying up with her bodyguard recently, to which Seal made some comments that were misinterpreted. The two both claim that their split was completely amicable, and that they still love each other very much despite both moving on.

How do you know when it's time to enter the dating scene after divorce?

Cupid's Advice:

Approaching dating after a marriage has ended can be a daunting task that must be approached carefully. Cupid has some advice:

1. Wait until you are ready: There are probably a lot of people in your life that will try to push you into a relationship before you are ready by trying to set you up with friends, or asking you about any potential dates. The most important thing is to wait until *you* are ready. Take your time; don't rush into the dating scene because of any social pressure to do so.

2. Don't take it too seriously: After a divorce, you will probably be in the mind-set of a serious relationship. Take a breath. Go on one date. This person doesn't have to be your future partner; you can just go out, relax, and have a good time. Take it very slow at first until you know you are ready.

3. Think about who you are looking for: It may be difficult for some time to picture yourself with anyone else besides the person you just divorced. Take some time to think about the kind of person you want to be with. When it gets to a point where you can imagine yourself with someone else besides your ex, you may be in a good position to go out on that first date.

**How did you know when to start dating again after divorce?
Leave us a comment below!**