

'Happy Endings' Actress Elisha Cuthbert Is Engaged to NHL Star



By Erin Minty

Canadian-born actress Elisha Cuthbert and her longtime boyfriend Dion Phaneuf have become engaged. The NHL player proposed this weekend and sources confirm that she said “yes,” according to [People](#). The actress is known for her current role on ABC’s hit TV show *Happy Endings* as well as her role on *24*, while her new fiancée is famous on the ice as the captain of the Toronto Maple Leafs. The two have been dating since 2008, and are finally deciding to settle down together.

How do you know when you’ve been together long enough to get engaged?

Cupid’s Advice:

Taking the next step from a relationship to an engagement can be a huge and scary decision. Cupid has some advice:

1. You are 100% open: Relationships are about learning every little detail about your partner's lives, past and present. When there is no more to learn, and you are happy with what you know, it may be time to move forward in your relationship. When a couple has no secrets and knows each other so well, getting engaged seems like the obvious step.

2. You see a future: If you imagine your future life being married, and you can see your partner as the one you are with, then an engagement might be in order. After a certain amount of time (it is different for everyone,) if you know that your partner is the one you want to spend the rest of your life with, then moving forward is the answer.

3. You want to move forward: There are only so many steps after being in a monogamous relationship. Try moving in together. If you have done that, adopt a pet together or buy a home. When you still want to move forward in your relationship, becoming engaged is only natural, and a perfect next step towards a happy life.

How do you know when you have been together long enough to get engaged? Let us know below!