

# Tina Fey & Steve Carell in 'Date Night'



This comedy action film is about a hardworking couple and exhausted parents, Phil and Claire Foster (Steve Carell from the "The Office" and Tina Fey of "30 Rock"), that can barely find the energy and enthusiasm to go on their routine date night. Aware that the romantic spark is going out of their relationship, Phil and Claire decide to do something different for this night out. When they can't get into a popular restaurant in the city, they take another couple's reservations and are mistaken as the Tripplehornes by the bad guys who are hunting the other couple down.

## **Can a couple rekindle the spark in a relationship?**

### **Cupid's Advice:**

Couples set into a routine may find themselves doing nothing instead of something exciting because they find no enthusiasm or energy left. In order to avoid being stuck in a 'rut,' Cupid has found some much safer ways than Phil and Claire Foster's date night to re-ignite your relationship below:

- 1. Make the relationship a priority:** Spend time alone together and focus on each other. Touch often. Reconnect by talking more about dreams, fears and personal stories and avoid discussions about schedules, kids and to-do lists.
- 2. Mix it up:** Break out of your comfort zone and stop following a routine. Try a new place or activity. Steal away a few minutes early in the morning or cut back on late night TV.
- 3. Go with the flow:** Show your trust in your partner. Whether something bad or good happens, you're in it together. Don't be afraid to show a different side of yourself.

It's not always easy to come up with a special way to spend time with your partner. Follow Cupid to Weekend Affairs: Nighttime Thrills! for some fun suggestions.

**DVD Release Date:** August 10, 2010