

'Avengers' Star Stellan Skarsgard Welcomes His Eighth Child



By Erin Minty

Stellan Skarsgard, 61-year-old actor and father, welcomed his eighth child to the world on Friday. Skarsgard and his wife, Megan Everett, now have two children together, 3-year old Ossian and now a new baby boy, according to [E! Online](#). One of his most famous sons, Alexander Skarsgard, is one of the stars from *True Blood*; perhaps the newest member of the Skarsgard family will be just as talented. The *Avengers* star and his wife have been married since January of 2009, and the relationship is still going strong.

What are some ways to keep your relationship strong when you have multiple children?

Cupid's Advice:

Relationships can be hard work, and they sometimes take a back burner when the addition of multiple children appears. Here are a few ways to keep your relationship fresh and strong after having kids:

1. Spend some time out: Alone time is hard to come by with a load of little kids running around, but it is crucial in keeping a relationship alive. Take one night a week to get dressed up and go out to dinner or a movie with your spouse. Hiring a good babysitter could be the one thing your relationship needs to get back on track.

2. Be affectionate: This doesn't have to be much, but a small touch like holding hands on the couch or giving your partner a hug can remind them that there is still a strong connection between the two of you. Even when your lives are hectic with children, take a second to touch your partner and establish the connection you two share.

3. Talk: Sometimes, your lives can be taken over by the presence of kids. One way to keep the relationship strong is by having real conversations—talking and listening—when the kids aren't the center of attention. Having conversations about yourselves and not your children can be one way to strengthen your relationship.

How do you keep your relationship strong after having multiple kids? Let us know below!