

# Newest Jersey Shore Family Member



By Nicole Weintraub

Nicole Polizzi or rather “Snooki” and her fiancé Jionni LaValle welcomed their son, Lorenzo Dominic LaValle into the world on Sunday morning, according to [People](#). The new parents are doing well, having been anticipating the arrival of the couples’ first born since the announcement of her pregnancy in March. Weighing in at 6 lbs, 5 oz. little Lorenzo will be the youngest addition to the *Jersey Shore* cast family. Since discovering she was pregnant, Nicole slowed down her fast paced party lifestyle for the sake of preparing for motherhood.

**What are some ways to prepare your relationship to welcome a child?**

## **Cupid's Advice:**

Taking the next step in your relationship by welcoming a child can be a BIG change! Here are some ways to be prepared for a new addition to the family:

**1. Slow down:** Be prepared to take a deep breath and take a step back from your fast paced daily life. Running around and stressing yourself out is not healthy for you or the baby. Children are a large responsibility which means nights that were once spent drinking and partying will be replaced with spending time with your partner and newborn.

**2. Do your homework:** Nowadays there are so many options when it comes to how you want to deliver your child to which baby formula to use. In order to be fully prepared for the arrival of your child, check out the different options and ask around to get other people's reviews and experiences. You will feel more relaxed if you know what to expect so don't be afraid to ask tons of questions you want the answers to!

**3. Discuss the future:** This is not only our child but your partner's child as well. Don't be afraid to discuss the future of your relationship and the impending arrival of the baby. Open communication is key to a co-parenting relationship between you and your partner. Ask their thoughts and include them in the decision making process so you don't feel burdened by all that has to be done!

**How did you prepare for your first child? Share your stories with us!**