

Date Idea: Expand Your Tastes



By Sarah Ribeiro

One of the great parts of dating is getting to experience new things together and grow as a couple. This weekend, think outside of the box and expand your tastes. You'll benefit from having a really unique date – plus, you have nothing to lose!

Do something with your love that the two of you normally wouldn't do. If you're used to the typical dinner-and-a-movie, try a new form of entertainment. Go to a classical symphony performance, a dinner theater, or a comedy club. A popular dinner show is 'Joey and Maria's Comedy Wedding,' an interactive comedy show that includes a realistic wedding reception and has toured all around the country. A date like this one is sure to be something that you and your honey will

remember: eating, laughing and dancing the night away.

For a less interactive night, you can spice up your traditional dinner date and literally expand your palette – prepare your tastebuds for something new. Restaurant “experiences” like Opaque (located in San Francisco, Los Angeles, San Diego, Dallas and New York) that provide a “dining in the dark” experience. You and your love can experience your food in a whole new way; ridding yourself of sight allows your sense of taste to heighten. If you’re on a budget, you can try this idea in your own home. The intimate environment all but guarantees a romantic time for the entirety of the night.

If you’re just plain sick of going out to eat, pick up a new skill or hobby instead. Pottery shops have been popping up across the country, encouraging couples to tap into their artistic sides and try their hand at throwing pots (or just painting them). Most even have “date night” specials that include complimentary wine or champagne.

You could even mix things up and focus on taking care of yourselves: if you’re generally not an active couple, take an exercise class together. Many gyms have two-for-one deals or guest passes that allow you to bring a non-member into a class. Get competitive in a spinning or kickboxing class, or get in tune with yourselves in a yoga class. It’s a great way to start a new healthy habit for the two of you – and to leave you both with a new sense of confidence. After sweating it out for a couple hours, head home to soak your sore muscles in the tub with your sweetheart.

Have a great idea for a date that expands your tastes? Share it in the comments below.