Jenni "JWoww" Farley Tells Off Her Boyfriend Roger Matthews





Arguments between reality-TV star Jenni "JWoww" Farley and her boyfriend of two years Roger Matthews have been heating up since the start of JWoww's *Jersey Shore* spinoff: *Snooki & JWoww*. While in Mexico with her pregnant co-star Snooki, the couple got into a fight regarding the fact that Roger had made plans the day that Jenny was supposed to return to the U.S. The argument continued to get worse until Roger suggested that Jenny reunites with her ex-boyfriend, and alleged abuser, Tom Lippolis, reports *UsMagazine.com*. In a sneak peek of the upcoming episode, JWoww can be quoted saying, "By telling me I should be with my ex, you can go f-k yourself! And you can burn in hell." The two have been through many ups and downs throughout their relationship, but this argument may prove too hard to come back from.

What are some ways to avoid heated arguments in your relationship?

Cupid's Advice:

Sometimes, a problem can get out of hand between you and a loved one. Cupid has some advice on how to avoid an argument with your partner:

1. Be open with your feelings: When your partner says or does something that upsets you, be honest. Don't assume that they will understand why you are upset; it is your responsibility to explain what they are doing wrong and why it hurts your feelings. Open communication is one way to not only stop arguments, but to avoid them all together in the future.

2. Stay calm: One thing that will escalate an argument is yelling at your partner. Make sure to explain the problem calmly. If you raise your voice, your partner may feel attacked and the need to defend their actions can lead to a full-blown fight. If you can explain your side peacefully, your partner is much more likely to listen and take in what you say.

3. Watch your words: Words can be hurtful, especially when in the midst of a heated argument. It is important that no matter how mad you are, you try your best not to say something you will regret. Saying something you don't mean can make an argument much worse, and lead to a breakup, so try to be honest and don't say something merely to hurt your partner.

What are some ways that you avoid arguments in your relationship? Leave a comment below.