

Jennie Garth Is Dating 'With Training Wheels'



Jennie Garth is embracing the single life. After splitting with her husband of 11 years, Peter Facinelli, in March, she's dating with "training wheels," according to UsMagazine.com. Garth was most recently seen in May on a romantic dinner date with HGTV star Antonio Ballatore.

How do you get back into the dating pool after a divorce?

Cupid's Advice:

Getting back into dating is tough, especially after a divorce. Here are some ways to get back into the dating pool after a split:

1. Take your time: There's no need to rush yourself into a relationship, especially after a tough split. Get back into dating once you know you're ready.

2. Find yourself: Any breakup will leave you doubting yourself and feeling insecure. Take some time to get to know yourself and be comfortable with who you are before you go looking for someone else.

3. Have fun: Take chances this time around, and don't hold yourself back from having the time of your life in the single world.

What are some ways to get back into the dating pool after a divorce? Comment below and let us know.