

Favored 'Bachelor' Turns Down Gig

Chris Lambton, the most recent runner-up on *The Bachelorette*, has reportedly turned down ABC's offer to become the *The Bachelor*'s main man, according to [E! Online](#) and [Entertainment Weekly](#). Fans of the show may be disappointed, as Lambton was the clear favorite among those being considered for the reality gig.

How do you know when you're ready for a new relationship?

Cupid's Advice:

When you come out of a serious relationship, it can be difficult to know when you're ready to give it your all in a new relationship. Cupid has some things to consider when making the decision to start dating again or stay single:

- 1. Fully recover:** Breaking up is rarely easy, and brings with it emotional stress. It's important to allow yourself time to fully recover before putting yourself out there again.
- 2. Deal with the truth:** Sometimes the truth behind why a relationship didn't work out is hard to take, so we continue to live in a false reality. Until you can confront the truth and deal with it, it's not time to move on.
- 3. Don't be afraid:** Easier said than done, right? The main thing that keeps us from moving on is fear, but you can't get anywhere in life without taking risks. If you've dealt with your past breakups and are interested in meeting a new partner, it may be time to take the leap and see what happens!