

# “But We Were Drunk”: 5 Reasons Why that Excuse is Lamé



By Evan Goldaper

Nobody's perfect, and we all do things we regret every now and then, especially while in love. Of course, if you and your partner are close, you can expect them to forgive you when you make a mistake. But as Kristen Stewart and Robert Pattinson have shown, infidelity can be tough for anyone to overcome.

What can make a regretful situation even worse is if you try to make an excuse for your behavior. If you've done something while drunk and expect that to be an acceptable justification, you might find your partner even less understanding. “But we

were drunk!" might be a classic explanation, but it's very unconvincing. Here are five reasons why you shouldn't expect that to be a perfect failsafe:

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**1. You chose to get drunk in the first place:** If you cheated on your partner, you have to be accountable for how you wound up in that situation. Remember that although you might not feel you had control of yourself after you were drunk, you certainly had control of yourself before then.

**2. You know yourself:** If you have a tendency to do crazy and unplanned things while drunk, then you've probably figured that out by now. Because you know how you usually act in circumstances like this, you should've known that you could put your relationship at risk.

**3. You have a responsibility to your partner:** When you're in a relationship, you can't act the same way you did when you were single. As someone's significant other, it's important to remain faithful. Don't set yourself up to challenge that: you're not scanning the dating pool any more.

**4. You'd be hurt if you were on the other end:** You know you'd be angry if your partner cheated on you, whether or not they were drunk. The same Golden Rule that applied back in kindergarten is true at times like this as well: don't do anything you wouldn't want someone else to do to you.

**5. This won't go away:** Whether or not your partner accepts your apology this time, you can be certain that your misdeeds will permanently hang over your relationship. The next time you slip up, you can be almost certain that you'll be *breaking up*, so you shouldn't even get there in the first place.

**What do you think about being drunk as an excuse for cheating on your partner? Tell us below.**