

Reese Witherspoon Steps Out After Helping Rob Pattinson Hide Mid-Cheating Scandal



On Friday, Reese Witherspoon stepped out in public for the first time since she lent her ranch to Robert Pattinson. The actress let Patitnson stay on her California estate while he recovered from the aftermath of his girlfriend Kristen Stewart's affair. Usmagazine.com reports that Witherspoon said Pattinson is a "very sensitive soul" whom she hopes will recover in the peace of her ranch. Still, Witherspoon has her own busy life to tend to, with her third child on the way.

How can you help a friend cope with infidelity?

Cupid's Advice:

Having a partner cheat is undoubtedly one of the worst things that can happen to a relationship, and it's tough to handle no matter how strong you are. If one of your friends is in this situation, it's always nice to help them out where you can. Here are some tips on how to do just that:

1. Let them vent: Nothing helps someone sort out their feelings and understand their own situation better than talking to a friend. Although you can offer advice, what's most important is just listening to what your friend has to say.

2. Provide a distraction: Invite your friend to go shopping, see a movie or just hang out. Spending time together will give them a chance to stop thinking about their partner's infidelity and let them know that someone still cares about them, even if they've been hurt by a loved one.

3. Give them space: When someone is in a difficult place, sometimes they don't want to talk to anyone, even their closest friends. Don't be offended if your friend wants some time alone to come to terms with what happened. Let them know you're available and they'll come to you when they're ready to talk.

**How would you help a friend who was a victim of infidelity?
Tell us below.**