

# Olympian Ryan Lochte Speaks Out About Love and Relationships



With the 2012 Olympics in full swing, there have certainly been a lot of amazing athletic feats to enjoy. Of course, when they're not spending time with their training regimens, the Olympians find time to date just like we do. [Women's Health](#) chatted with swimmer Ryan Lochte about what he looks for in a partner and how he starts a relationship. Here's what he had to say:

- 1. When you see a woman you want to meet, you:** Make eye contact. Some guys keep staring, but I'll give a wink and come back later, because it keeps her thinking.

**2. What confuses you about the opposite sex?:** It's impossible to know what they're thinking. If I could have one superpower, I'd be like Mel Gibson in *What Women Want*, where he reads women's minds.

**3. You're very stylish. How important is it for a guy to have fashion sense?:** Really important—it's how your personality comes out. I don't have a set style, but I try not to dress like everyone else.

**4. What do women look hottest in?:** One of my long-sleeve button-down shirts and that's all. The second sexiest thing: white jeans.

**5. You're surrounded by dudes constantly. Be honest: Do guys swap sex stories?:** Yes.

**6. Rapid Fire Questions:**

**Sexy women always...:** keep a fit body.

**Celeb crush?:** Carmen Electra.

**What do you sleep in?:** I'm mostly naked.

**Lights on or off?:** On.

We at *Cupid's Pulse* wish Ryan Lochte and all of the athletes competing the best of luck both at this year's Olympics and in all of their future romantic endeavors!