

'Bachelorette' Star Ali Fedotowsky Ignores Rumors



Former Bachelorette Ali Fedotowsky is glad to have fiancé Roberto Martinez by her side. [E! Online](#) reports that Fedotowsky “[doesn’t] pay attention to” rumors pertaining to past partying and racy photographs. Swirling rumors have bothered the blonde bachelorette in the past, but with a new attitude (and a new support system), Fedotowsky finds it easy to keep her head held high. Fedotowsky reveals that her new fiancé is extremely supportive and “always says, ‘Who cares, babe? It’s just us. It’s just about us. None of that stuff matters.’” Fedotowsky says she counts herself “lucky to have a man like that to give me balance and keep me focused on what’s important.” **How can you help your partner deal with a stressful problem?**

Cupid's Advice:

1. Be a good listener: If your partner is having a problem at work or with friends, chances are they're going to want to vent. It is important to sit quietly and listen carefully to their worries. When they are done venting and you fully understand their insecurities about the problem at hand, offer your input.

2. Don't be overbearing: When a loved one is stressed, it's natural to want to help as much as possible. You can give them advice and offer your point of view, but you have to be careful. This is their problem and their decision, and you have to respect their opinion, even if you don't agree with it.

3. Honesty: When you must intervene in your partners decision-making process, you have to be supportive, polite, and honest. Gently remind them to consider all of their options before making a decision. Your honesty will help your partner resolve their problem effectively and without any resentment.