

Sophia Bush and Topher Grace are Just Friends



Last Friday, Sophia Bush stepped out for coffee at West Hollywood's Coffee Commissary with Topher Grace, spurring a slew of dating rumors. However, the *One Tree Hill* actress confirms their relationship is strictly platonic, according to UsMagazine.com. So, if Grace isn't going to be her leading man, many are wondering who will be. Bush has been single since splitting from Austin Nicholas, whom she dated for six years. Prior to that relationship, Bush was married to Chad Michael Murray in 2005 and dated James Lafferty in 2009.

How do you keep rumors from circulating about your relationship?

Cupid's Advice:

No matter how clear you think your actions might be or even whether you currently have a partner, people are going to find

something to gossip about. Here are a few ways to limit their material:

1. Speak up: Being forthcoming leaves little room for misinterpretations. If you've been caught with someone who isn't your significant other, don't just say "no comment." This will only cause people to come up with their own answers.

2. Tell the truth: People will have a higher opinion of you if they feel they are able to trust you. A history of being honest will help squash rumors before they even take off. Plus, maintaining a policy of honesty will help you out in your relationships as well.

3. Address the rumor: Try to figure out which of your actions caused the rumor to start. Once you understand this, you can properly acknowledge what's being said and encourage people to question it.

How would you keep rumors about your relationship from spreading? Share your ideas below!