

J.R. Martinez Says His Girlfriend's Chest Is for Function, Not Fun Post-Baby



J.R. Martinez is putting his new baby, Lauryn Anabelle, before himself when it comes to his girlfriend, Diana Gonzalez-Jones. His wants and needs have been turned to a new focus, the baby. According to [People](#), the *Dancing with the Stars* champion commented, "It's not even about me. It's about her. Feed her!" Having this new precious baby in his life has also made Martinez question why his father left him as a baby. "How could you leave this? That's so hard." The couple seems happy together and feels blessed to have welcomed a healthy baby into their lives.

What are some ways to support your partner soon after pregnancy?

Cupid's Advice:

You've struggled through dealing with a pregnant partner for nine months, but that doesn't end once the baby arrives. Here are some ways to support your couple after they have given birth:

1. Help out with the baby: Even though there are some things you won't be able to help out with, such as breast feeding, there's still so much you can do. Be hands on and take any opportunity to take care of the baby to give your partner a rest.

2. Give your partner little surprises: It doesn't all have to be about the baby. Surprise your partner every now and then with some flowers, take them on a date or even give them the day off to relax at the spa.

3. Spend some time together as a family: Having a child can be hectic, so don't forget about the important things. Spending some quality time all together will keep you all sane and happy.

What are some ways you think can help support your partner after pregnancy? Share your thoughts below.