

# Kourtney Kardashian and Scott Disick Welcome a Baby Girl



Early Sunday morning, Kourtney Kardashian and Scott Disick were overjoyed to welcome their new baby girl, Penelope Scotland Disick, and it's about time. Their second child was born in the Los Angeles Cedars-Sinai Medical Center, and according to [People](#), everyone was thrilled. The new mommy of two released a statement: "Scott and I are overjoyed to welcome our precious angel Penelope Scotland Disick into our lives. We are forever blessed. Mommy and baby are resting comfortably." And it wouldn't be a celebration without the rest of the Kardashian clan, as they have all expressed their excitement via their blogs. Kourtney and Disick have a strong support system behind them.

**What changes can you expect during your second pregnancy?**

## **Cupid's Advice:**

Once you've already gone through the first pregnancy, you would think that the second one would be easier. That said, you have to deal with a big belly and another child around the house again. There are some changes you should expect during your second pregnancy:

**1. More work:** You may know how to react during certain situations when you are pregnant, but it will still most likely be more work. On top of dealing with the symptoms of being pregnant and maintaining your health, you have another little one running around the house to take care of.

**2. Less worried:** Even though it might be more work, you will become less worried over the little things. You know what you should and should not be feeling since you've already gone through it once.

**3. Time will go by slower:** Since you do already know what to expect, the pregnancy will most likely go by slower. The first time, everything is new so your sense of time is skewed.

**What changes do you think occur during a second pregnancy? Share your thoughts below.**